## FOR UPPER ENDOSCOPIES (EGD)

\*\*You are to have nothing by mouth (except for medications if taken in the p.m.) after midnight \*\*

**IF YOU ARE TAKING COUMADIN,OR WARFARIN BLOOD THINNERS**PLEASE CALL THE OFFICE. USUAL RECOMMENDATIONS ARE TO STOP 4
DAYS PRIOR TO THE PROCEDURE.

FOR ELIQUIS PRADAXA XARELTO SAVAYSA

THE RECOMMENDATION IS 3 DAYS

## **DIABETICS:**

IF YOU ARE ON INSULIN AND NORMALLY TAKE A PM DOSE, TAKE HALF THE DOSE THE NIGHT BEFORE TEST.

IF YOU NORMALLY TAKE AN AM DOSE THEN TAKE HALF THE DOSE THE MORNING OF PROCEDURE.

IF YOU ONLY TAKE PILLS FOR YOUR DIABETES, DO NOT TAKE THEM THE NIGHT BEFORE OR MORNING OF YOUR PROCEDURE.

PATIENT'S WITH HYPERTENSION: YOU CAN TAKE YOUR BLOOD PRESSURE MEDICATIONS BUT NO DIURETICS THE MORNING OF THE TEST.

IF YOUR BLOOD PRESSURE MEDICATION INCLUDES THE DIURETIC THEN PLEASE TAKE IT.

IF YOUR DIURETIC IS SEPARATE FROM YOUR BLOOD PRESSURE MEDICATION THEN ONLY TAKE THE BLOOD PRESSURE MEDICATION AND YOU CAN TAKE THE DIURETIC WHEN YOU GET HOME FROM PROCEDURE.